



17 healthy back-to-school foods your kids will actually eat

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We always associate back-to-school with buying school supplies and clothes, but back-to-school also means restocking your pantry and fridge with healthy foods—and hoping your kids won't hate them. We've done a lot of research and taste-testing* and these are our picks for back-to-school breakfasts and snacks that your kids—and you!—will love.

healthy back-to-school lunches & snacks



1. **GoRaw Sprouted Bars** // We love topping these raw sprouted seed bars with almond butter and slices of ripe pear as an alternative to PB&J.