

Be a **WONDER WOMAN**: Juices that **POW** and **WOW**!

WHERE STYLE MEETS SUSTAINABILITY

WINTER 2017

Naturally,

DANNY SEO

FEEL YOUR BEST!

21 SUPERCHARGED RECIPES TO BOOST YOUR HEALTH

GOT BIOFILM?

WHY IT'S MAKING YOU SICK
(AND HOW TO GET RID OF IT)



WHO DO YOU #CARRYLIGHT FOR?

WATCH OUR NEW SHOW!
NATURALLY, DANNY SEO
EVERY SATURDAY MORNING ON
NBC

YES!
FREE ORGANIC SNACKS
COUPONS INSIDE pg. 20 (limit 1 per reader)

\$9.95US \$10.95CAN



64 >

DISPLAY UNTIL MARCH 6, 2017

fabulous & free!

If you haven't tried raw protein bars, water tapped from maple trees, a 100% grass-fed-meat protein bar or actor Channing Tatum's Amazonian-sourced energy drink—we think it's time you did! The next time you take a stroll down the supermarket aisle, look for these four *Naturally, Brilliant* finds. We not only love how these products taste, we applaud how ethically they're made. So much so, that we want you to try them for *free*...on us. Read up, clip away and enjoy.

BY DANNY SEO • PHOTOGRAPHS BY DAVID ENGELHARDT

▶ RAISING THE BAR

We profiled the dynamic duo behind Epic bars in the previous issue of *Naturally*, and we think they're worth another honorable mention. These protein-rich meat bars use beef, venison, wild boar, lamb and bison that are raised on open pasture "just how nature intended." No factory farms. No weird stuff. Just high-quality meat and all-natural ingredients. Even if you'd don't eat meat, clip this coupon and hand it to your Paleo-loving friend.



▶ PERFECT BUZZ

Feeling tired? Instead of reaching for a sugary, chemically-questionable energy drink, tap into your inner Magic Mike and sip this instead. Actor Channing Tatum is an investor in Runa, which is a word Amazonian tribes use to mean "fully alive." The hero ingredient here is guayusa, a naturally caffeinated leaf that gives this drink real, clean energy.



▶ SAY, AHHHH

Water from...trees? DRINKmaple taps nutrient-rich water from Vermont maple trees in the spring when the sap is flowing. So what's so great about water from maple trees? It's rich in good-for-you vitamins and minerals like calcium, iron, antioxidants, electrolytes and prebiotics. It has a very slight maple taste (which is delicious) and it's low in sugar. No GMOs. Totally organic.



▶ PLANT POWERFUL

Advocates of a raw diet say cooking food destroys enzymes and nutrients. Advocates of cooking say raw food tastes, well, raw. Enter: Go Raw. We love this brand's more than 50 "junk-free" goodies, and we're obsessed with their new protein bars. The hero ingredient is watermelon seeds, which gives the bar over 12 grams of "superfood, plant-based protein." We're partial to the mint chocolate flavor—it's like a candy bar that's totally good for you.

Start clipping and tasting!

Clip these coupons, then take them to a grocer that stocks these products to enjoy your fabulous freebies!



GET ONE *Free* EPIC BAR

No purchase necessary. Good for any ONE (1) EPIC bar. Retail value \$2.49 - \$2.99



RETAIL PRICE

Coupons valid from 12/1/16 - 2/1/17

LIMIT ONE PRODUCT NAME PURCHASE PER COUPON

Consumer: after it limited to one coupon per purchase on product indicated and must be presented at time of purchase. You will pay any sales tax.

Retailer: EPIC will pay face value of the coupon plus \$ 08 handling when used in accordance with our redemption policy. Cash value 1/100 of a cent. Void where prohibited, taxed or restricted by law. Mail coupons to: EPIC Bar

Advance Coupon Dept 128, 115 Route 46W Building C, Mountain Lakes NJ 07046

Coupons not subject to doubling. Redeemable at face value only.

0858284002-00001



RUNA

FREE RUNA CLEAN ENERGY DRINK



CLEAN ENERGY DRINK, FROM A LEAF NOT A LAB

By handling provided it is redeemed by a consumer at the time of purchase on the brand specified. Coupons not properly redeemed will be void and held. Reproduction of this coupon is expressly prohibited. ANY OTHER USE CONSTITUTES FRAUD. Mail to: RUNA LLC Dept. #57732, Inmar, 1 Fawcett Dr, Del Rio, TX 78840. Cash value: .0216. Void where taxed or restricted. LIMIT ONE COUPON PER PRODUCT.

RETAILER: We will reimburse you the face value of this coupon plus \$8 handling provided it is redeemed by a consumer at the time of purchase on the brand specified. Coupons not properly redeemed will be void and held. Reproduction of this coupon is expressly prohibited. ANY OTHER USE CONSTITUTES FRAUD. Mail to: RUNA LLC Dept. #57732, Inmar, 1 Fawcett Dr, Del Rio, TX 78840. Cash value: .0216. Void where taxed or restricted. LIMIT ONE COUPON PER PRODUCT.

0857732002-120077



Expires February 1 2017; MAX value \$2.99



Free 12oz. Bottle of DRINKmaple.



0865106000-021602



Some products may not be available in all stores. Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased or where prohibited or restricted by law. No monetary value. Valid only in the USA. Expires 2/1/2017

Retailer: DRINKmaple will reimburse you the face value of this coupon plus 8 cents handling for coupons redeemed in accordance with this offer. Invoices proving purchase of sufficient stock to support coupon submissions must be provided upon request. Consumers are limited to one coupon per purchase and are responsible for all taxes. Cash value is .0001 cents. Send all coupons to: DMAP/Universal, P.O. Box 222510, Hollywood, FL 33022-2510.



Enjoy One Free Bar

ANY (1) ONE GROW BAR

FLAVORS:
CINNAMON SPICE
MINT CHOCOLATE
ZESTY LEMON
DARK CHOCOLATE



Expiration Date: 12/31/2017 | Manufacturer's Coupon | Retailer Sale Price:

CONSUMER: Redeem only by purchasing the brand and size(s) indicated. May not be reproduced. Void if transferred to any person, firm, or group prior to store redemption. LIMIT ONE COUPON PER PURCHASE. RETAILER: Freeland Foods, Inc. will reimburse you the face value of this coupon plus \$8 handling in accordance with our redemption policy (copy available upon request). Consumer must pay any sales tax. Send all redeemed coupons to: Freeland Foods, Inc. Mandlik & Rhoads, PO Box 490 Dept #1518, Tecate, CA 91980. Cash value: 1/100¢. © 2016 Freeland Foods, Inc. All Rights Reserved.

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